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Commercial HVAC 101

Typical System Components & Cleaning Techniques

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Presenter

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Disclaimer

This presentation is not intended to be a comprehensive program covering all aspects of this topic. All technicians are encouraged to read and follow all applicable standards, codes and regulations related to this topic.

- ✓ It is the responsibility of each individual contractor to follow local building codes and licensing requirements and to work safely in accordance with OSHA guidelines.
- ✓ It is the contractor's responsibility to take proper precautions on each project to prevent cross contamination. Always take the health and safety of the building occupants into consideration before you conduct any cleaning procedures.
- ✓ All of the following tips are only general tips. They do not cover every situation, and it is your responsibility to adapt these tips to the individual system you are working on.
- ✓ The Instructor is not responsible in any way for the work you perform after viewing this slide show. You are responsible for your own work.
- ✓ The views and opinions following are the instructor's opinions and not necessarily the official position of the National Air Duct Cleaners Association.

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Supplemental Materials

This session covers key points but not every detail.
The tips & techniques presented are for cleaning & restoration procedures.
For a full understanding of this topic, attendees are encouraged to review additional materials including:

ACR, The NADCA Standard 2021 Edition




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What We'll Learn

- Types of HVAC Systems
- Typical Components
- Tips for Cleaning These Systems
- Cleaning Requirements

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Section 1: Types of Systems

Typical commercial system types:

- Variable Air Volume
- Constant Volume
- Dual Duct
- Single Zone
- Multiple Zone

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Section 1: Types of Systems

Key Terms

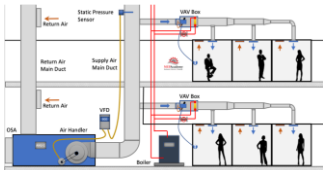
Variable Air Volume (VAV) System:
Maintains thermal comfort by **varying the amount of heated or cooled air** delivered to each space.

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Section 1: Types of Systems - VAV




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Section 1: Types of Systems - VAV

Variable Air Volume - Control Boxes



Dampers are the main component to be concerned with during cleaning.

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Section 1: Types of Systems - VAV

Variable Air Volume Systems



- Spiral duct from AHU to VAV.
- Accessibility to clean VAV.
- Use slot diffusers or troffers which creates a higher level of difficulty for cleaning or coating.
- Some have reheat coils attached.




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Section 1: Types of Systems – Fan Coil



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Section 1: Types of Systems

Key Terms

Constant Volume System:

Delivers **constant airflow** to each space. Changes in temperature are made by heating or cooling the air or switching the AHU on and off.

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Section 1: Types of Systems - CV

Constant Volume Systems

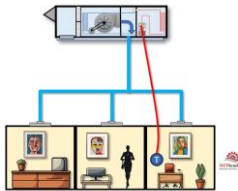
- Changes in space temperatures are made by heating or cooling the air or switching the air handling unit on and off.
- Often operate with a fixed minimum percentage of outdoor air.
- CAV systems are less energy-efficient than variable air volume (VAV) systems.

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Section 1: Types of Systems - CAV



Constant Volume System

www.MEPAdo.com

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Section 1: Types of Systems

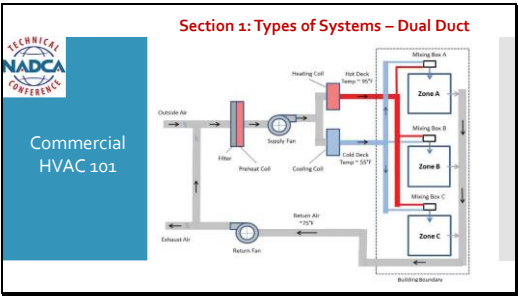
Key Terms

Dual Duct:

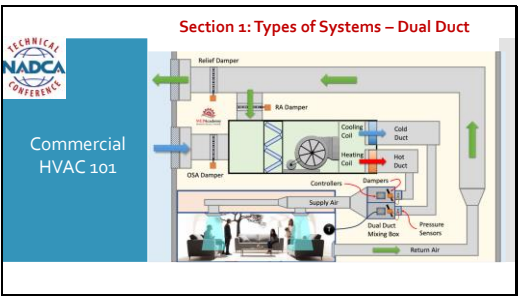
A fan discharges air which is directed through the cooling coil and/or the heating coil. There are **two separate ducts** that **feed hot and cold air** to the same space.



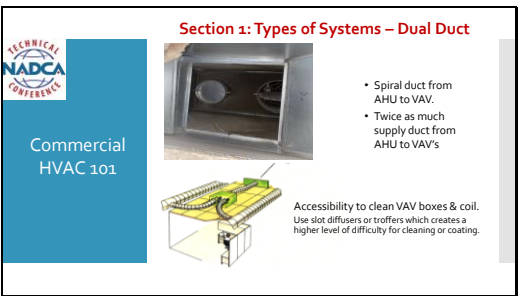
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Section 1: Types of Systems – Single Zone

Supplies air at a constant temperature to one complete zone, or area, of a building or to the entire structure all at once. **(Has one thermostat)**



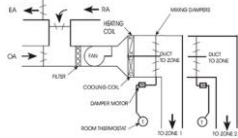
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Section 1: Types of Systems – Multi Zone

Has **more than one thermostat** and is characterized primarily by two or more supply ducts emanating from the HVAC unit.



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Section 1: Types of Systems – Multi Zone




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Section 1: Types of Systems

Mini Split



- Integrated supply and return air
- Contains fan, coils, drain pan
- Complete disassembly is needed for complete cleaning
- Found in hospitals and schools

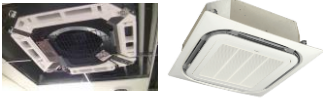
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Section 1: Types of Systems

Mini Split Cassette



- Integrated supply and return air
- Contains fan, coils, drain pan
- Complete disassembly is needed for complete cleaning
- Found in hospitals and schools


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Section 1: Types of Systems

Ventilators



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Section 1: Types of Systems

PTAC- Packaged Terminal Air Conditioner

A type of self-contained heating and air conditioning system intended to be mounted through a wall




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Section 1: Types of Systems

Built up Ahu on roof cutaway




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Section 1: Types of Systems

Package unit on roof cutaway



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Section 2: HVAC Cleaning & Restoration Methods

NADCA does not endorse or recommend any single method of cleaning or type of equipment.

NADCA recommends the use of source removal methods and equipment designed to clean HVAC systems to the cleanliness levels specified in NADCA Standard ACR.

Each different cleaning method has its advantages and disadvantages


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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Vacuum Collection



Must Be HEPA Filtered if Exhausting Inside!

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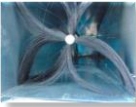

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Section 2: HVAC Cleaning & Restoration Methods


Cleaning Methods: Vacuum Collection

A vacuum collection device alone will not get an HVAC system clean.

Methods and tools designed to agitate debris adhered to surfaces along with use of vacuum collection device(s), is required.



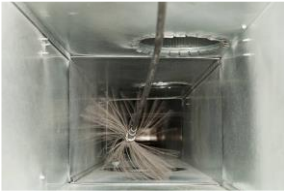
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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Brushing



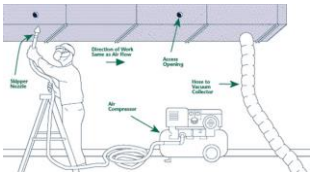
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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Air Washing



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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Air Washing

Whips, Rods, Blast Nozzles



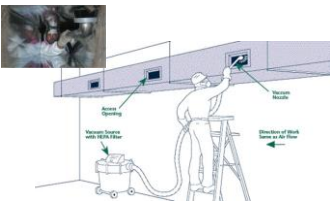
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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Contact Vacuuming



The diagram shows a technician using a vacuum with a long hose and a brush attachment to clean a ceiling-mounted HVAC unit. Labels include: 'Airway Opening', 'Vacuum Suction with 100% Filter', 'Return Register', and 'Direction of Work Move to Adj. Room'.

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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Hand Washing


This procedure is just what its name implies—washing components by hand. Involves hand tools such as brushes, sponges or damp cloths to wipe clean a designated area.



The images show a person using a brush to clean a coil and a pair of gloves.

Liquids cannot be applied to porous components such as fibrous glass. Make sure that no chemical residues are left in the system during hand washing.

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Section 2: HVAC Cleaning & Restoration Methods

Cleaning Methods: Power Washing

Power Washing

Power washing involves the use of mechanical equipment able to spray a jet of water onto a specific area.




The image shows a person using a high-pressure water spray gun to clean a surface.

Components frequently cleaned by power washing:

- Cooling and reheat coils
- Blower wheels, fans and their housings
- Evaporator and condensing coils
- Condensate drain pan
- Some types of filters
- Grilles, registers, and diffusers

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Section 2: HVAC Cleaning & Restoration Methods

Why clean in this order?

Return Air Intake

AHU

Supply Duct


Reduces likelihood of cleaned portions becoming re-contaminated.

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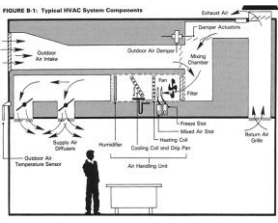
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Section 3: Component Cleaning

FIGURE B-1: Typical HVAC System Components



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Section 3: Component Cleaning



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Section 3: Component Cleaning

Air Handling Unit (AHU)

Air handling units, terminal units (VAV, Dual duct boxes, etc.), blowers and exhaust fans:
Ensure that supply, return, and exhaust fans and blowers are thoroughly cleaned. Areas to be cleaned include:

- ✓ Fan & Fan Housings
- ✓ Fan compartments
- ✓ Plenums (except ceiling supply and return plenums)
- ✓ Coil sets
- ✓ Blades or Vanes
- ✓ Shafts
- ✓ Baffles
- ✓ Dampers
- ✓ Drive assemblies




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Section 3: Component Cleaning

AHU Types



Small RTU



Built in place AHU


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Section 3: Component Cleaning

AHU Types



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Section 3: Component Cleaning

AHU Types

Rooftop Unit (RTU)
Packaged Unitary Equipment



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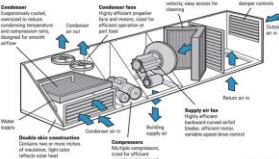
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Section 3: Component Cleaning

AHU Types

Rooftop Unit (RTU)
Packaged Unitary Equipment



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Have a Tip...


Section 3: Component Cleaning


AHU

✓ Clean all AHU internal surfaces, components, condensate collectors & drains.

✓ Assume that suitable operative drainage system is in place prior to beginning wash-down procedures.

✓ Clean all coils and related components, including evaporator fins.





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Section 3: Component Cleaning

Fan Types

Forward Curved fans transfer large volumes of air for a minimum wheel diameter. They're used when space requirements are a primary consideration.

— Blades commonly lose balance clips.

— Are by far the **most common** and are in **most residential units**



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Section 3: Component Cleaning

Fan Types

Backward Inclined Flat fan has some of the characteristics of the airfoil fan. Has relatively high efficiency.

A backward inclined fan has a non-overloading characteristic.

The horsepower required by the fan actually decreases when the flow rate increases past a certain point.



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Section 3: Component Cleaning

Fan Types

Axial fans are suitable for large quantities of air at low pressures.

- Found in return air ducts.

When compared with centrifugal fans, the axial fans are the easiest to clean but can easily become unbalanced while cleaning.



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Section 3: Component Cleaning

Fan Types – Fan Wall




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Section 3: Component Cleaning

Fan Cleaning



Sometimes the only way to clean is to go inside!

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


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Section 3: Component Cleaning

Coils

- ✓ Reheat coils – Evaporator coils – Condensing coils
- ✓ Heating and cooling coils are placed in the airstream to **regulate the temperature of the air** delivered to the space
- ✓ In general, the **copper rows** determine the coil depth for cleaning
- ✓ Not all coils are cleanable
- ✓ When cleaning electrical resistance coils in a duct system, it's important to make sure the power source is de-energized!



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Section 3: Component Cleaning

Coils

All portions of each coil assembly must be cleaned.

- Both upstream and downstream sides of each coil section shall be accessed for cleaning.
- When both sides of a coil are not accessible for cleaning then removal and/or replacement may be required.
- Visual inspection of the coil and drain pan will determine whether Type 1 or Type 2 cleaning is required.



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Section 3: Component Cleaning

Upstream or Supply Side



Downstream or Return Side



- Coil was at 2' of Static and desperately needed cleaned
- The heat coil was right behind the CW Coil
- Had to have Mech Contractor pull for proper cleaning

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Section 3: Component Cleaning

Coils

The substances impacted on the evaporator coil help determine the initial cleaning protocol. Evaporator coil cleaning is broken into two (2) categories known as **Types**. Evaporator coil reconditioning will utilize **Type-1** or **Type-2** cleaning methods.

Type 1
(Dry Cleaning)

Type 2
(Wet Cleaning)

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Section 3: Component Cleaning

Inline Coils

Reheat coil

Airflow

Airflow Sensor

Controller

Thermostat

Install Service Openings

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Section 3: Component Cleaning

Reheat Coils

Reheat Coils:

- ✓ Need access on both sides
- ✓ No condensate drain
- ✓ Need to set up water control

Reheat Coils

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Section 3: Component Cleaning

AHU Located Heat & Cooling Coils



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Section 3: Component Cleaning

Coils - Mist/Carry Over Eliminators



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Section 3: Component Cleaning

Drain Lines & Pans

The condensate drain pan and drain line shall be cleaned and flushed. The condensate drain pan shall be inspected to verify proper drainage operation before and after cleaning.



Usually a drain pan and line have the highest amounts of contamination when compared to all other system components.

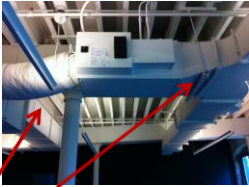
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Section 3: Component Cleaning

VAV/Mixing Box



Install Service Opening

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Section 3: Component Cleaning

VAV/Mixing Box



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Section 3: Component Cleaning

VAV/Mixing Box



Here's a Tip...

- ✓ Electric Coil – be sure to disconnect power & follow Lock Out/Tag Out
- ✓ Pay attention to fiberglass insulation inside of component

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Section 3: Component Cleaning

VAV/Mixing Box

ATTENUATOR

SUPPLY AIR PLATE/ARM

AIR DAMPER

VOLUME CONTROL DAMPER

SUPPLY AIR DUCTING

AIR DIFFUSER

ROOM OR OFFICE

Install Service Openings

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Section 3: Component Cleaning

Sound Attenuators

Designed to reduce noise in the ducts.

A water pressure washer should not be used for cleaning a perforated sound attenuator and the internal components of perforated sound attenuators are not cleanable.

Three images showing sound attenuators: a 3D cutaway view, a close-up of perforated metal, and a view into a duct with a sound attenuator.

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Section 3: Component Cleaning

Turning Vanes

Two images showing turning vanes: a close-up of the vanes and a person standing next to a large duct with turning vanes.

- ✓ Primary function is to reduce static pressure loss in a duct system
- ✓ Require multiple access points and care in cleaning
- ✓ Fiberglass vanes can be very fragile
- ✓ Rarely found in high pressure systems

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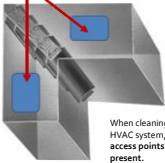
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Section 3: Component Cleaning

Turning Vanes

Service Openings



When cleaning a 90-degree turn in a commercial HVAC system, it is recommended to put two (2) access points per turn when turning vanes are present.


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Section 3: Component Cleaning

Sensors



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Section 3: Component Cleaning


Vents, Grills, Registers & Diffusers

Air distribution devices (registers, grilles & diffusers):

- Remove, if possible, for proper cleaning
- Make sure they are restored to their previous position.




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Section 3: Component Cleaning

Slot Diffusers




- Not easily removed
- Rubber bladder
- Air wash

Most of these are connected to the ceiling or ceiling grid.

Here's a Tip...
Always check the inside of these for damaged or friable insulation.


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Section 3: Component Cleaning

Sheet Metal Ducts With Interior Insulation



- Microbial issues
- Reasons for insulation in duct
- Coatings

Here's a Tip...
If you can't properly clean it, you can't coat it!

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Section 3: Component Cleaning

Duct Board

- Microbial issues
- Reasons for using this type
- Coatings



Here's a Tip...
If you can't properly clean it, you can't coat it!

Be sure to use mechanical cleaning methods that will not create abrasions, breaks, or tears to fibrous glass liner or duct board surfaces!

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Section 3: Component Cleaning

Externally Insulated Duct

- Reasons for insulation
- Thermal valve only
- Carefully create access
- Reinstall insulation after access openings are made.



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Section 3: Component Cleaning


Fiberglass and Insulated Duct Work

Thoroughly clean with HEPA vacuuming equipment, while system is under constant negative pressure

Do not get fibrous glass components wet

Do not cause damage to fibrous glass components


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Section 3: Component Cleaning

Fiberglass and Insulated Duct Work



Here's a Tip...

When physically entering lined ductwork, caution must be taken not to damage the lining.





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Component
Cleaning

Q&A

You have
Questions
We have
Answers

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Section 4: Standards

HVAC System
Cleaning
Requirements

- Visibly Clean
- Source Removal
- Negative Duct Pressurization
- Service Openings
- Containment


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Section 4: Standards

Selecting the HVAC cleaning method to be employed on any given project is an important factor for successful cleaning.

- Vacuum Collection
- Brushing
- Air Washing
- Hand or Contact Vacuuming
- Hand Washing
- Power Washing



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Section 4: Standards

Visibly Clean Standard


Key Terms

Visibly Clean:
An interior surface is considered visibly clean when it is free from **"non-adhered"** substances and debris.


Definition: What does non-adhered mean?
Any material not intended or designed to be present in an HVAC system, and which can be removed by contact vacuuming.



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Section 4: Standards

Source Removal


Key Terms

Source Removal
The mechanical cleaning of system components to remove dirt and debris.


Requires two key elements to be effective:

1. **Agitation** of dust and debris within the HVAC system.
2. **Extraction** of contaminants from the HVAC system

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Section 4:
Cleaning Requirements & Standards


Negative Duct Pressurization

Key Terms

Negative Pressure
Used to prevent debris from entering the occupied space or leaving the contained area.

Prior to and throughout the duration of the cleaning process, the HVAC system and associated air duct *shall* be kept at an appropriate negative pressure differential relative to the indoor non-work area.

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Section 4:
Cleaning Requirements & Standards

Effective negative pressure containment requires:

- Physical barrier around work area
- Sealing off HVAC return air grills
- Continuously pulling air through a HEPA filtration device to reduce airborne particles.
- Exhausting more cubic feet per minute of clean, HEPA-filtered air out of the space than is supplied into it.

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Section 4:
Cleaning Requirements & Standards

Service Openings

Minimum Requirements for Service Openings

Service openings shall:

- not degrade the structural, thermal, or functional integrity of the system;
- not hinder, restrict, or alter the airflow within the air duct;
- not be made in flexible ductwork;
- be created in a manner that allows for proper closure;
- comply with applicable UL, SMACNA and NFPA standards, as well as local, regional, state and federal codes.



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Section 4:
Cleaning Requirements & Standards

Service Openings

Service Panels

- Shall be of an equivalent gauge or heavier
- Shall be mechanically fastened (screwed or riveted) at minimum every 4" on center.
- Shall overlap the ductwork surfaces by a minimum of 4" on all sides.
- Recommended to be sealed with gaskets, duct sealants, mastic or tape.



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Section 4:
Cleaning Requirements & Standards

Containment



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Section 4:
Cleaning Requirements & Standards

Containment



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Cleaning Requirements & Standards

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